

Farmageddon The True Cost Of Cheap Meat

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The World is Fat Barry M. Popkin 2009 An evaluation of the growing rates of overweight humans in the modern world contends that obesity is occurring as a result of an unprecedented collision of human biology with trends in technology, globalization, and the food industry, in an account that compares today's lifestyles with those of fifty years ago to identify key influences.

The Bloomsbury Cookbook Jans Ondaatje Rolls 2014 Features the Victorian-Era recipes of the members of a London artistic collective that included Virginia Woolf, John Maynard Keynes and E.M. Forster, who hosted long breakfasts and "painting lunches" to debate the state of the world and their place in it. 11,000 first printing.

Game, Set and Math Ian Stewart 2013-02-04 Twelve essays take a playful approach to mathematics, investigating the topology of a blanket, the odds of beating a superior tennis player, and how to distinguish between fact and fallacy.

The Ecological Hoofprint Tony Weis 2013-11-14 The exploding global consumption of meat is implicated in momentous but greatly underappreciated problems, and industrial livestock production is the driving force behind soaring demand. Following his previous ground-breaking book The Global Food Economy, Tony Weis explains clearly why the growth and industrialization of livestock production is a central part of the accelerating biophysical contradictions of industrial capitalist agriculture. The Ecological Hoofprint provides a rigorous and eye-opening way of understanding what this system means for the health of the planet, how it contributes to worsening human inequality, and how it constitutes a profound but invisible aspect of the violence of everyday life.

Portrait of a Burger as a Young Calf Peter Lovenheim 2010-04-14 Four years ago, journalist Peter Lovenheim was standing in a long line at McDonald's to buy a Happy Meal for his little daughter, which would come with a much-desired Teenie Beanie Baby—either a black-and-white cow named "Daisy" or an adorable red bull named "Snort." Finding it rather strange that young children were being offered cuddly toy cows one minute and eating the grilled remains of real ones the next, Lovenheim suddenly saw clearly the great disconnect between what we eat and our knowledge of where it comes from. Determined to understand the process by which living animals become food, Lovenheim did the only thing he could think of: He bought a calf—make that twin calves, number 7 and number 8—from the dairy farm where they were born and asked for permission to spend as much time as necessary hanging around and observing everything that happened in the lives of these farm animals. Portrait of a Burger as a Young Calf is the provocative true story of Peter Lovenheim's hands-on journey into the dairy and beef industries as he follows his calves from conception to possible consumption. In the process, he gets to know the good, hard-working people who raise our cattle and make milk products, beef, and veal available to consumers like you and me. He supplies us with a "fly on the wall" view of how these animals are used to put food on America's very abundant tables. Constantly vigilant about wanting to be an observer who never interferes, Lovenheim allows the reader to see every aspect of a cow's life, without passing judgment. Reading this book will forever change the way you think about food and the people and animals who provide it for us. From the Hardcover edition. Meatonomics David Robinson Simon 2013-09-01 In this "provocative and persuasive work," the health advocate reveals the dirty economics of meat—an industry that's eating into your wallet (Publishers Weekly). Few Americans are aware of the economic system that supports our country's supply of animal foods. Yet these forces affect us in a number of ways—none of them good. Though we only pay a few dollars per pound of meat at the grocery store, we pay far more in tax-fueled government subsidies—\$38 billion more, to be exact. And subsidies are just one layer of meat's hidden cost. But in Meatonomics, lawyer and sustainability advocate David Robinson Simon offers a path toward lasting solutions. Animal food producers maintain market dominance with artificially low prices, misleading PR, and an outsized influence over legislation. But counteracting these manipulations is easy—with the economic sanity of plant-based foods. In Meatonomics, Simon demonstrates: How government-funded marketing influences what we think of as healthy eating How much of our money is spent to prop up the meat industry How we can change our habits and our country for the better "Spectacularly important." —John Robbins, author of The Food Revolution "[A] well-researched, passionately written book." —Publishers Weekly

Maximilian and Carlota M. M. McAllen 2014-01-08 In this new telling of Mexico's Second Empire and Louis Napoléon's installation of Maximilian von Habsburg and his wife, Carlota of Belgium, as the emperor and empress of Mexico, Maximilian and Carlota brings the dramatic, interesting, and tragic time of this six-year-siege to life. From 1861 to 1866, the French incorporated the armies of Austria, Belgium—including forces from Crimea to Egypt—to fight and subdue the regime of Mexico's Benito Juárez during the time of the U.S. Civil War. France viewed this as a chance to seize Mexican territory in a moment they were convinced the Confederacy would prevail and take over Mexico. With both sides distracted in the U.S., this was their opportunity to seize territory in North America. In 1867, with aid from the United States, this movement came to a disastrous end both for the royals and for France while ushering in a new era for Mexico. In a bid to oust Juárez, Mexican conservatives appealed to European leaders to select a monarch to run their country. Maximilian and Carlota's reign, from 1864 to 1867, was marked from the start by extravagance and ambition and ended with the execution of Maximilian by firing squad, with Carlota on the brink of madness. This epoch moment in the arc of French colonial rule, which spans North American and European history at a critical juncture on both continents, shows how Napoleon III's failure to save Maximilian disgusted Europeans and sealed his own fate. Maximilian and Carlota offers a vivid portrait of the unusual marriage of Maximilian and Carlota and of international high society and politics at this critical nineteenth-century juncture. This largely unknown era in the history of the Americas comes to life through this colorful telling of the couple's tragic reign.

The Soil Will Save Us Kristin Ohlson 2014-03-18 Thousands of years of poor farming and ranching practices—and, especially, modern industrial agriculture—have led to the loss of up to 80 percent of carbon from the world's soils. That carbon is now floating in the atmosphere, and even if we stopped using fossil fuels today, it would continue warming the planet. In The Soil Will Save Us, journalist and bestselling author Kristin Ohlson makes an elegantly argued, passionate case for "our great green hope"—a way in which we can not only heal the land but also turn atmospheric carbon into beneficial soil carbon—and potentially reverse global warming. As the granddaughter of farmers and the daughter of avid gardeners, Ohlson has long had an appreciation for the soil. A chance conversation with a local chef led her to the crossroads of science, farming, food, and environmentalism and the discovery of the only significant way to remove carbon dioxide from the air—an ecological approach that tends not only to plants and animals but also to the vast population of underground microorganisms that fix carbon in the soil. Ohlson introduces the visionaries—scientists, farmers, ranchers, and landscapers—who are figuring out in the lab and on the ground how to build healthy soil, which solves myriad problems: drought, erosion, air and water pollution, and food quality, as well as climate change. Her discoveries and vivid storytelling will revolutionize the way we think about our food, our landscapes, our plants, and our relationship to Earth.

The Fifth Beginning Robert L. Kelly 2019-02-12 "I have seen yesterday. I know tomorrow." This inscription in Tutankhamun's tomb summarizes The Fifth Beginning. Here, archaeologist Robert L. Kelly explains how the study of our cultural past can predict the future of humanity. In an eminently readable style, Kelly identifies four key pivot points in the six-million-year history of human development: the emergence of technology, culture, agriculture, and the state. In each example, the author examines the long-term processes that resulted in a definitive, no-turning-back change for the organization of society. Kelly then looks ahead, giving us evidence for what he calls a fifth beginning, one that started about AD 1500. Some might call it "globalization," but the author places it in its larger context: a five-thousand-year arms race, capitalism's global reach, and the cultural effects of a worldwide communication network. Kelly predicts that the emergent phenomena of this fifth beginning will include the end of war as a viable way to resolve disputes, the end of capitalism as we know it, the widespread shift toward world citizenship, and the rise of forms of cooperation that will end the near-sacred status of nation-states. It's the end of life as we have known it. However, the author is cautiously optimistic: he dwells not on the coming chaos, but on humanity's great potential.

Project Animal Farm Sonia Faruqi 2015-07-15 Sonia Faruqi had an Ivy League degree and a job on Wall Street. But when the banking industry collapsed, she found herself on a small organic dairy farm that would change her life for the better, although it didn't seem that way in the beginning. First, she had to come to grips with cows shocked into place, cannibal chickens, and "free range" turkeys that went nowhere. But there were bright lights as well: happy, frolicking calves on a veal farm, and farmers who cared as much about the animals as their pocketbooks. What started as a two-week volunteer vacation turned into a journey that reached into the darkest recesses of the animal agriculture industry. Surrounded by a colorful cast of characters, Faruqi's quest to discover the truth about modern agribusiness took her around the world. Lively, edgy, and balanced, Project Animal Farm sheds light on the international agribusiness, with the ultimate goal of improving the lives of farm animals here at home. Using her finance background to forecast the future of agriculture, Faruqi discusses the changes we need to make—using our forks and our votes.

Land and Labour Martin Empson 2014

Resetting the Table Robert Paarlberg 2021-02-02 A bold, science-based corrective to the groundswell of misinformation about food and how it's produced, examining in detail local and organic food, food companies, nutrition labeling, ethical treatment of animals, environmental impact, and every other aspect from farm to table Consumers want to know more about their food—including the farm from which it came, the chemicals used in its production, its nutritional value, how the animals were treated, and the costs to the environment. They are being told that buying organic foods, unprocessed and sourced from small local farms, is the most healthful and sustainable option. Now, Robert Paarlberg reviews the evidence and finds abundant reason to disagree. He delineates the ways in which global food markets have in fact improved our diet, and how "industrial" farming has recently turned green, thanks to GPS-guided precision methods that cut energy use and chemical pollution. He makes clear that America's

serious obesity crisis does not come from farms, or from food deserts, but instead from "food swamps" created by food companies, retailers, and restaurant chains. And he explains how, though animal welfare is lagging behind, progress can be made through continued advocacy, more progressive regulations, and perhaps plant-based imitation meat. He finds solutions that can make sense for farmers and consumers alike and provides a road map through the rapidly changing worlds of food and farming, laying out a practical path to bring the two together.

Meat Simon Fairlie 2010-12-17 **Meat: A Benign Extravagance** is a groundbreaking exploration of the difficult environmental, ethical and health issues surrounding the human consumption of animals. Garnering huge praise in the UK, this is a book that answers the question: should we be farming animals, or not? Not a simple answer, but one that takes all views on meat eating into account. It lays out in detail the reasons why we must indeed decrease the amount of meat we eat, both for the planet and for ourselves, and yet explores how different forms of agriculture—including livestock—shape our landscape and culture. At the heart of this book, Simon Fairlie argues that society needs to re-orient itself back to the land, both physically and spiritually, and explains why an agriculture that can most readily achieve this is one that includes a measure of livestock farming. It is a well-researched look at agricultural and environmental theory from a fabulous writer and a farmer, and is sure to take off where other books on vegetarianism and veganism have fallen short in their global scope.

Farmageddon Philip Lymbery 2015-03-12 Farm animals have been disappearing from our fields as the production of food has become a global industry. We no longer know for certain what is entering the food chain and what we are eating - as the UK horsemeat scandal demonstrated. We are reaching a tipping point as the farming revolution threatens our countryside, health and the quality of our food wherever we live in the world. Farmageddon is a fascinating and terrifying investigative journey behind the closed doors of a runaway industry across the world - from the UK, Europe and the USA, to China, Argentina, Peru and Mexico. It is both a wake-up call to change our current food production and eating practices and an attempt to find a way to a better farming future.

Eat Like You Care Gary Lawrence Francione 2013-09-26 ***SPECIAL OFFER***Take \$2 OFF per copy purchased through CreateSpace (<https://www.createspace.com/4423398>) with discount code: Z8RZS95M This book puts the issue of eating animals squarely on the table. We all claim to care about animals and to regard them as having at least some moral value. We all claim to agree that it's wrong to inflict "unnecessary" suffering and death on animals and—whatever disagreement we may have about when animal use is necessary—we all agree that the suffering and death of animals cannot be justified by human pleasure, amusement, or convenience. We condemn Michael Vick for dog fighting precisely because we feel strongly that any pleasure that Vick got from this activity could not possibly justify what he did. So how can we justify the fact that we kill many billions of land animals and fish every year for food? However "humanely" we treat and kill these animals, the amount of animal suffering we cause is staggering. Yet no one maintains that animal foods are necessary for optimal health. Indeed, mounting empirical evidence points to animal foods being detrimental for human health. But however you evaluate that evidence, there can be no serious doubt that we can have excellent health with a vegan diet. There is also broad consensus that animal agriculture is an ecological disaster. Animal agriculture is responsible for water pollution, air pollution, deforestation, soil erosion, inefficient use of plant protein and water, and all sorts of other environmental harms. The best justification we have for the unimaginable amount of suffering and death that we impose on animals is that they taste good. We enjoy the taste of animal foods. But how is this any different from Michal Vick claiming that his dog fighting operation was justifiable because he enjoyed watching dogs fight? Vick liked sitting around a pit watching animals fight. We enjoy sitting around the summer barbecue pit roasting the corpses of animals who have had lives and deaths that are as bad, if not worse than, Vick's dogs. What is the difference between Michael Vick and those of us who eat animal foods? This book shows that there is no difference, or at least not any difference that matters morally. Francione and Charlton argue that if you think animals matter morally—if you reject the idea that animals are just things—your own beliefs require that you stop eating animal products. There is nothing "extreme" about a vegan diet; what is extreme is the inconsistency between what we say we believe and how we act where animals are concerned. Many of us are uneasy thinking about the animals who end up on our plates. We may have thought about stopping eating animal products but there are many excuses that have kept us from doing so. The authors explore the 30+ excuses they have heard as long-time vegans and address each one, showing why these excuses don't work. Packed with clear, commonsense thinking on animal ethics, without jargon or complicated theory, this book will change the way you think about what you eat.

Through A Vet's Eyes Dr Sean Wensley 2022-04-28 One of the Financial Times' Best Summer Books of 2022 'A compelling account of the trials, tribulations and triumphs of life as a vet - and a lesson to us all on how we should treat the animals with which we share our lives.' - Stephen Moss, naturalist and author Dr Sean Wensley is an award-winning vet and lifelong naturalist who has contributed to animal welfare and conservation projects all over the world. His debut book is about how we can choose a better life for animals, from the chickens we eat to the pets we keep. As our societies become more urbanised, we are further removed from the reality of where and how our food is produced. Surveys suggest that nearly 1 in 4 UK adults don't know that bacon comes from pigs. On the opposite end of the spectrum, the humanisation of our pets is a risk to their welfare; with over 60% of UK dogs being overweight or obese, we are effectively killing them with kindness. Through A Vet's Eyes seeks to redress this imbalance so that we see all animals as thinking, feeling beings not dissimilar to ourselves. As he takes us through the years in which he trained to become a vet, and set against a backdrop of inspiring natural spectacles, Dr Wensley shares his first-hand experience of how animals are treated and used for our benefit. He interrogates the different levels of welfare afforded to them and reveals how we the general consumer can reduce our animal welfare footprint through the choices we make every day.

Why Did the Chicken Cross the World? Andrew Lawler 2016-04-26 "Beginning in the jungles of Southeast Asia, trekking through the Middle East, traversing the Pacific, Lawler discovers the secrets behind the chicken's transformation from a shy, wild bird into an animal of astonishing versatility, capable of serving our species' changing needs. Across the ages, it has been an all-purpose medicine, sex symbol, gambling aid, inspiration for bravery, and of course, the star of the world's most famous joke. Only recently has it become humanity's most important single source of protein. Most surprisingly, the chicken--more than the horse, cow, or dog-- has been a remarkable constant in the spread of civilization across the globe"--Page 4 of cover.

Simply Managing Henry Mintzberg 2013-09-02 The Essence of Managing Henry Mintzberg appreciates that managers are busy people. So he has taken his classic book *Managing*, done some updating, and distilled its essence into a lean 176 pages of text. The essence of the book remains the same: what Mintzberg learned from observing twenty-nine managers in settings ranging from a refugee camp to a symphony orchestra. *Simply Managing* considers the intense dynamics of this job as well as its inescapable conundrums, for example: • How is anyone supposed to think, let alone think ahead, in this frenetic job? • Are leaders really more important than managers? • Where has all the judgment gone? • Is email destroying management practice? • How can managers connect when their job disconnects them from what they are managing? If you read only one book about managing, this should be it!

Not as Nature Intended Rich Hardy 2020-01-23 Relying on a hidden camera, a bluff and a little bit of luck, award-winning investigative journalist Rich Hardy finds imaginative ways to meet the people and industries responsible for the lives and deaths of the billions of animals used to feed, clothe and entertain us. What he discovers will shock, but it may just inspire you to re-evaluate your relationship with all animals and what role you let them play in your life. Sometimes dangerous, often emotional and occasionally surreal, this one-of-a-kind perspective examines what it's like to live and work amongst your adversaries and what you can achieve if you feel strongly enough about something. 'Cruelty to animals goes on daily behind the closed doors of factory farms or deep in the forests where wild animals are trapped for their fur. Rich's book exposes us to the raw truth behind these animal trades. Whilst it's a deeply personal story, it has the potential to change, not just your own life, but the lives of millions of animals. I urge you to read it!' Joanna Lumley, Actress, author and activist 'An incredible and moving exposé of the horror that animals go through to create a product that destroys the environment & keeps people sick and miserable.' Moby, Musician and activist 'It is beautifully and lucidly written...it avoids gratuitous expression but delivers the truth in a compelling and penetrating narrative. Not As Nature Intended is a must read.' Peter Egan, Actor and animal advocate 'A 007 of the animal world.' Rhian Lubin, The Daily Mirror 'As you read this book, if you have a heart and a soul, you too won't fail to be bowled over by Rich's courage.' Jane Dalton, The Independent 'All the evidence we need to make our future a plant-based one.' Christina Rees MP, Chair of the All-Party Parliamentary Group on Vegetarianism and Veganism 'An eye-opening insight into the horrors endured by animals around the world - and into the minds of those who risk everything to help them.' Maria Chiorando, Plant Based News

Food Choice and Sustainability Dr. Richard Oppenlander 2013 *Food Choice and Sustainability* tackles the critical issue of global depletion by focusing attention on what might seem an unlikely spot: our dinner plates.

Dead Zone Philip Lymbery 2018-03-08

Chew on This Eric Schlosser 2013-09-05 *Chew On This* should be on every teenager's essential reading list. Based on Eric Schlosser's bestselling *Fast Food Nation*, this is the shocking truth about the fast food industry - how it all began, its success, what fast food actually is, what goes on in the slaughterhouses, meatpacking factories and flavour labs, global advertising, merchandising in UK schools, mass production and the exploitation of young workers in the thousands of fast-food outlets throughout the world. It also takes a look at the effects on the environment and the highly topical issue of obesity. Meticulously researched, lively and informative, with first-hand accounts and quotes from children and young people, Eric Schlosser presents the facts in such a way that allows readers to make up their own minds about the incredible fast food phenomenon. Eric Schlosser is an author and investigative journalist based in New York. His first book, *FAST FOOD NATION* was a major international bestseller. His work has appeared in 'Atlantic Monthly', 'Rolling Stone' and the Guardian. *CHEW ON THIS* is his first book for children.

Circles of Compassion Will Tuttle 2014-10-28 This book consists of a series of essays by internationally recognized authors and activists, Edited by Dr. Will Tuttle. The essays focus on how the seemingly disparate issues of human, animal, and environmental rights are indeed connected. Authors also provide practical guidance about how to make the individual, systems, and social changes necessary to effectively create a peaceful and just world for all.

Clean Protein Kathy Freston 2018-01-02 Join the CLEAN PROTEIN revolution and lose weight, feel stronger, and live longer. Food and wellness experts Kathy Freston and Bruce Friedrich have spent years researching the future of protein. They've talked to the food pioneers and the nutrition scientists, and now they've distilled what they've learned into a strength-building plan poised to reshape your body and change your world. Complete with delicious recipes and a detailed guide to food planning, *Clean Protein* explains everything you need to know in order to get lean, gain energy, and stay mentally sharp. You'll finally understand in simple terms why protein is essential, how much you should get, and where to find the best sources of it. *Clean Protein* is a powerful solution to excess weight and chronic health issues, and it's a cultural revolution that will be talked about for decades.

Farmageddon in Pictures Philip Lymbery 2017-05-09 Farm animals have been disappearing from our fields as the production of food has become a global industry. We no longer know for certain what is entering the food chain and what we are eating--as the UK horsemeat scandal demonstrated. We are reaching a tipping point as the farming revolution threatens our health and the quality of our food wherever we live in the world. Farmageddon is a fascinating and terrifying investigative journey behind the closed doors of a runaway industry across the world--from the UK, Europe and the USA, to China, Argentina, Peru, and Mexico. It is both a wake-up call to change our current food production and eating practices and an attempt to find a way to a better farming future.

Farmageddon Philip Lymbery 2014-01-30 Farm animals have been disappearing from our fields as the production of food has become a global industry. We no longer know for certain what is entering the food chain and what we are eating – as the UK horsemeat scandal demonstrated. We are reaching a tipping point as the farming revolution threatens our countryside, health and the quality of our food wherever we live in the world. Farmageddon is a fascinating and terrifying investigative journey behind the

closed doors of a runaway industry across the world – from the UK, Europe and the USA, to China, Argentina, Peru and Mexico. It is both a wake-up call to change our current food production and eating practices and an attempt to find a way to a better farming future.

Sixty Harvests Left Philip Lymbery 2022-08-18 'Powerful, purposeful and persuasive ... This book is transformative. We must read, mark and learn, fast' Michael Morpurgo 'A call to action – to change our world from the ground up. A vitally necessary book' Isabella Tree 'Philip Lymbery pulls no punches in cataloguing the calamitous mistakes we've made in our food system, but he has bold and inspiring solutions to offer, too.' Hugh Fearnley-Whittingstall Taking its title from a chilling warning made by the United Nations that the world's soils could be lost within a lifetime, *Sixty Harvests Left* uncovers how the food industry is threatening the planet. Put simply, without soils there will be no food: game over. And time is running out. From the United Kingdom to Italy, from Brazil to the Gambia to the USA, Philip Lymbery, the internationally acclaimed author of *Farmageddon*, goes behind the scenes of industrial farming and confronts 'Big Agriculture', where mega-farms, chemicals and animal cages are sweeping the countryside and jeopardising the air we breathe, the water we drink, the food we eat and the nature that we treasure. In his investigations, however, he also finds hope in the pioneers who are battling to bring landscapes back to life, who are rethinking farming methods, rediscovering traditional techniques and developing technologies to feed an ever-expanding global population. Impassioned, balanced and persuasive, *Sixty Harvests Left* not only demonstrates why future harvests matter more than ever, but reveals how we can restore our planet for a nature-friendly future.

Farmageddon Philip Lymbery 2014-05-06 *Farmageddon*: the quiet revolution of mega-farming that is threatening our countryside, farms and food.

Folks, This Ain't Normal Joel Salatin 2011-10-10 From farmer Joel Salatin's point of view, life in the 21st century just ain't normal. In *FOLKS, THIS AIN'T NORMAL*, he discusses how far removed we are from the simple, sustainable joy that comes from living close to the land and the people we love. Salatin has many thoughts on what normal is and shares practical and philosophical ideas for changing our lives in small ways that have big impact. Salatin, hailed by the *New York Times* as "Virginia's most multifaceted agrarian since Thomas Jefferson [and] the high priest of the pasture" and profiled in the Academy Award nominated documentary *Food, Inc.* and the bestselling book *The Omnivore's Dilemma*, understands what food should be: Wholesome, seasonal, raised naturally, procured locally, prepared lovingly, and eaten with a profound reverence for the circle of life. And his message doesn't stop there. From child-rearing, to creating quality family time, to respecting the environment, Salatin writes with a wicked sense of humor and true storyteller's knack for the revealing anecdote. Salatin's crucial message and distinctive voice--practical, provocative, scientific, and down-home philosophical in equal measure--make *FOLKS, THIS AIN'T NORMAL* a must-read book.

Why Animal Suffering Matters Andrew Linzey 2013-11-20 In this superbly argued and deeply engaging book, Andrew Linzey not only shows that animals can and do suffer but also that many of the justifications for inflicting animal suffering in fact provide grounds for protecting them.

Waste Tristram Stuart 2009-07-02 With shortages, volatile prices and nearly one billion people hungry, the world has a food problem • or thinks it does. Farmers, manufacturers, supermarkets and consumers in North America and Europe discard up to half of their food • enough to feed all the world's hungry at least three times over. Forests are destroyed and nearly one tenth of the West's greenhouse gas emissions are released growing food that will never be eaten. While affluent nations throw away food through neglect, in the developing world crops rot because farmers lack the means to process, store and transport them to market. But there could be surprisingly painless remedies for what has become one of the world's most pressing environmental and social problems. Travelling from Yorkshire to China, from Pakistan to Japan, and introducing us to foraging pigs, potato farmers, freegans and food industry directors, Stuart encounters grotesque examples of profligacy, but also inspiring innovations and ways of making the most of what we have. Combining front-line investigation with startling new data, *Waste* shows how the way we live now has created a global food crisis • and what we can do to fix it.

Regenesis George Monbiot 2022-05-26 The *Sunday Times* bestseller *Longlisted for the Wainwright Prize* 'This book calls for nothing less than a revolution in the future of food' Kate Raworth From the bestselling author of *Feral*, a breathtaking first glimpse of a new future for food and for humanity Farming is the world's greatest cause of environmental destruction - and the one we are least prepared to talk about. We criticise urban sprawl, but farming sprawls across thirty times as much land. We have ploughed, fenced and grazed great tracts of the planet, felling forests, killing wildlife, and poisoning rivers and oceans to feed ourselves. Yet millions still go hungry. Now the food system itself is beginning to falter. But, as George Monbiot shows us in this brilliant, bracingly original new book, we can resolve the biggest of our dilemmas and feed the world without devouring the planet. *Regenesi*s is a breathtaking vision of a new future for food and for humanity. Drawing on astonishing advances in soil ecology, Monbiot reveals how our changing understanding of the world beneath our feet could allow us to grow more food with less farming. He meets the people who are unlocking these methods, from the fruit and vegetable grower revolutionising our understanding of fertility; through breeders of perennial grains, liberating the land from ploughs and poisons; to the scientists pioneering new ways to grow protein and fat. Together, they show how the tiniest life forms could help us make peace with the planet, restore its living systems, and replace the age of extinction with an age of regenesi

Comfortably Unaware Richard Oppenlander 2012-11-13 In *Comfortably Unaware*, Dr. Richard Oppenlander tackles the crucial issue of global depletion as it relates to food choice. We should all be committed, he tells us, to understanding the reality and consequences of our diet, the footprint it makes on our environment, and seek food products that are in the best interest of all living things. His forthright information and stark mental images are often disturbing-and that's how it should be. As the guardians of Planet Earth, we need to be shaken out of our complacency, to stop being comfortably unaware, and to understand the measures we must take to ensure the health and well-being of our planet-and of ourselves. Oppenlander

The Man Who Ate the Zoo Richard Girling 2016-11-03 Frank Buckland was an extraordinary man – surgeon, natural historian, popular lecturer, bestselling writer, museum curator, and a conservationist before the concept even existed. Eccentric, revolutionary, prolific, he was one of the nineteenth century's most improbable geniuses. His lifelong passion was to discover new ways to feed the hungry. Rhinoceros, crocodile, puppy-dog, giraffe, kangaroo, bear and panther all had their chance to impress, but what finally - and, eventually, fatally - obsessed him was fish. Forgotten now, he was one of the most original, far-sighted and influential natural scientists of his time, held as high in public esteem as his great philosophical enemy, Charles Darwin.

Moby-Duck Donovan Hohn 2011-08-01 A revelatory tale of science, adventure, and modern myth When the writer Donovan Hohn heard of the mysterious loss of thousands of bath toys at sea, he figured he would interview a few oceanographers, talk to a few beachcombers, and read up on Arctic science and geography. But questions can be like ocean currents: wade in too far, and they carry you away. Hohn's accidental odyssey pulls him into the secretive dealings of shipping conglomerates, the daring work of Arctic researchers, the lunatic risks of maverick sailors, and the shadowy world of Chinese toy factories. *Moby-Duck* is a journey into the heart of the sea and an adventure through science, myth, the global economy, and some of the worst weather imaginable. With each new discovery, Hohn learns of another loose thread, and with each successive chase, he comes closer to understanding where his castaway quarry comes from and where it goes. In the grand tradition of Tony Horwitz and David Quammen, *Moby-Duck* is a compulsively readable narrative of whimsy and curiosity.

Kiss the Ground Josh Tickell 2017-11-14 Pre-publication subtitle: A food revolutionary's guide to reversing climate change.

Call Me Dave Michael Ashcroft 2015-10-05 After a decade as Conservative Party leader and six years as Prime Minister, he remains an enigma to those outside his exclusive inner circle. Now, in the wake of his dramatic resignation following the sensational EU referendum campaign, this new edition of the book that 'got the world talking' (*Daily Mail*) revisits the real David Cameron, bringing the story of his premiership to its final chapter. Based on hundreds of interviews with colleagues past and present, friends and foes, this unauthorised biography charts Cameron's path from a blissful childhood in rural Berkshire through to the most powerful office in the country, giving a fascinating insight into his most intriguing relationships, both political and personal. Exploring the highs and lows of his administration, from his brush with disaster over the Scottish question and his humiliation over Syria to his surprise election victory in 2015 and his controversial win on gay marriage, this fully updated edition offers a comprehensive assessment of Cameron's legacy in office, weighing up the extraordinary achievements of Britain's youngest Prime Minister for 200 years.

Eat & Run Scott Jurek 2012 Traces the author's remarkable career while revealing the influence of his vegan lifestyle, describing his transition from a Midwestern hunter to a record-breaking athlete.

The Sustainability Secret Kip Andersen 2016-10-04 Discover the biggest issue in conservation today. This companion to the documentary "Cowspiracy" explores the impacts of the most environmentally destructive industry on the planet: animal agriculture. The award-winning documentary "Cowspiracy" presents alarming truths about the effects of animal agriculture on the planet. One of the leading causes of deforestation, greenhouse gas production, water use, species extinction, ocean dead-zones, and a host of other ills, animal agriculture is a major threat to the future of all species, and one of the environmental industry's best-kept secrets. "The Sustainability Secret" expands upon "Cowspiracy" in every way. Journey with authors Kip Andersen and Keegan Kuhn as they discover one shocking statistic after another and interview leading businesses, environmental organizations, and political groups about the subject of animal agriculture and its disastrous effects. Extended transcripts, updated statistics, tips on becoming vegan, and comprehensive reading lists provide an in-depth overview of this planetary crisis and demonstrate effective ways to offset the damage through personal dietary choices. Firmly rooted in science and supporting research, "The Sustainability Secret" reveals the absolutely devastating environmental impact of the meat and dairy industry and offers a path to global sustainability for a growing population"

Plucked! Maryn McKenna 2017-09-12 'This is an important book. You can't understand the radical cheapening of food, with all its unpleasant effects, for farm animals and our most cherished rural landscapes, until you begin to understand the industrialisation of chicken. Industrial chicken is now displacing many more sustainable farming systems, driving them out of business. This book explains how that happened and why we should all be worried about it and demand change' James Rebanks, author of *The Shepherd's Life* *Plucked!* examines everything that has gone wrong in the modern agricultural system: overuse of antibiotics, threats to the environment, violations of animal welfare, destruction of farming communities, disruption of international trade and delivery of over-processed, obesity-promoting, nutritionally hollow food. Drawing on years of research into the 'big chicken' industry, acclaimed science writer Maryn McKenna uncovers the people searching for solutions and seeking to return chicken to a sustainable and honoured place on our plate and asking whether, with reform, chicken can safely feed the world. Rich with characters who together propelled the story of chicken's unintended consequences, *Plucked!* will reveal how the antibiotic era created modern agriculture. It is an eye-opening exploration of how the world's most popular meat came to define so much more than just chicken nuggets.